

Section: Division of Nursing
Approval: _____

* PROCEDURE *

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HACKETTSTOWN COMMUNITY HOSPITAL

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MATERNAL SERVICES
(Scope)

TITLE: BREAST SHIELD, USE OF

PURPOSE: To outline procedures for use of breast shield barrier protection to reduce trauma to mom's sore or cracked nipples

SUPPORTIVE DATA: Nurse is responsible for teaching mother breast care and for teaching use of breast shield.

EQUIPMENT LIST:

1. Breast shield
2. Denture cup
3. Sterile water

CONTENT:

PROCEDURE STEPS:

KEY POINTS:

1. Instruct patient in hand washing.
2. Wet phalange of shield with sterile water.
3. Place phalange of shield so breast nipple is at the center of the nipple shield.
4. Shield should be held firmly to breast and positioned so that milk flows down into nipple.
5. To end nursing, mother must break suction before attempting to remove shield from breast.
6. After use, shield should be rinsed with hot water and placed in denture cup to stay clean.
7. A nipple shield may be used if nipples are cracked or sore, if nipples are flat or inverted; may be used for engorgement if infant unable to grasp nipple.

Decreases chance of infection

Wet phalange fits tightly to breast and gives better suction contact between nipple and sides of shield.

Decreases trauma to sore or cracked nipples

Nipple shield is to be given to a mother as a temporary measure to solve a specific problem and not indiscriminately given to all mothers. It is an artificial device and is not to be substituted for good nipple care and breast feeding information. Use of a nipple shield for extended period of time decreases the milk supply.